

# THE KWAJALEIN HOURGLASS

**Some food tips,  
substitution ideas  
and recipes**

— pages 3-5

**SMDC chief of  
staff leads team**

— page 6

**Communication  
flows at Joint  
Committee  
Meeting**

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(Surfway receives produce and dairy products twice a week, depends on U.S. vendors to keep Kwajalein residents well fed.)  
(Photo by Nell Drumheller)



## Organizer thanks filmmakers for making Kwaj Film Festival a success

The Kwaj Film Festival aired before an enthusiastic audience and everyone had a great time watching movies under the stars on a perfect Kwaj night.

I want to thank all the film makers for all their hard work and Community Activities for their support of this project.

Many people don't realize the amount of work that goes into a one-minute or ten-minute movie.

Four out of the six films shown were wholly produced here on Kwaj and this

means hours and hours of work for each minute of film.

I am so impressed by the talent that this island has and all the creative people.

I am glad we have so many opportunities to showcase that talent and I look forward to the second annual Kwaj Film Festival.

— Lynn Booth

### Letters to the Editor

To submit a letter to the editor:

Keep letters to less than 300 words, and keep comments to the issues. Letters must be signed. We will edit for AP style and, if you exceed the word limit, space. Limit one letter every 30 days. Send your letter to: *The Hourglass*, P.O. Box 23, Local; or *hourglass*

@kls.usaka.smdc.army.mil

## The Kwajalein Hourglass

Commanding Officer.....COL Beverly Stipe  
Public Affairs Officer...LuAnne Fantasia  
Editor.....Nell Drumheller  
Assistant Editor.....Mig Owens  
Graphics Designer.....Dan Adler  
Circulation.....Will O'Connell

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**Classified ads**  
are due for  
Tuesday's paper by  
noon, Friday and for  
Friday's paper by  
noon, Wednesday.  
**Limit ads to 50  
words.**

## KRS Holiday Party

**Dec. 11, 7 p.m. Yuk Club**  
Limited tickets due to size of club so  
buy your tickets early.

**Tickets go on sale Saturday on  
Macy's porch, in front of the Cafe  
Pacific and in the Community  
Activities office.**

At this year's party:

Disc Jockey Wise Roko and the  
Zooks.

Fantastic door prizes including trips,  
local island art, SCUBA lessons  
and more. Every guest will get a  
gift!

All this for \$10 per person!

**Due to  
the Thanksgiving  
holiday celebrated on  
island Friday,  
The Hourglass  
will publish  
on Saturday.  
The Hourglass  
staff wishes  
everyone a Happy  
Thanksgiving.**

## Buckminster and Friends

by Sabrina Mumma



# CHOICES, WE'VE GOT CHOICES

By Nell M. Drumheller  
Editor

Food is one of the basic necessities of life. Throughout the ages humans have foraged, hunted, fished, stolen, bartered, bought and sold food. At one time procuring food to maintain survival was the primary focus of life. Today getting food for the dinner table means a quick trip to the grocers with a vague list of this and that, shelling out a few bucks and the typical family or individual has accomplished their task.

In modern times the people who have to forage, hunt and barter to get food on your table are the grocers themselves.

Gary Prettyman, assistant manager of Surfway, has been helping people keep their larders full since childhood. "I learned to read by stacking cans on shelves," he said of his formative years.

He's been on Kwajalein since 1988 and has seen people come and go, but has always done his best to keep the shelves stocked. "It used to be that two people would go shopping [together], one to shop the other to guard the cart," he said of days gone by when shopping for groceries was a bit more competitive.

He said keeping up with the likes and dislikes of the community when it comes to food can be a challenge. "Contracts change. People come from all over the country and want different things [than their predecessors]."

"Sometimes it's trial and error trying to make sure we have what we need," he said of their attempts to keep as many customers as possible happy.

Right now dairy is an issue. Foremost Dairy of Hawaii had been the primary vendor for dairy products on Kwajalein, but the 51-year-old dairy closed this fall. Meadow Gold Dairies-Oahu is now the only dairy in Hawaii, and Prettyman along with Ray Denham, Surfway manager with more than 30 years experience in the industry, are trying to get the dairy line running smoothly.

Produce and milk come in twice a week. On Tuesdays, produce comes in from California and with dairy from Hawaii and on Thursdays both produce and dairy come in from Hawaii.

Prettyman said ideally "we want to run out of produce before the next batch is delivered." Following the route

from farmer to store, most produce has been picked three or four days before it is delivered to the store so it's shelf life isn't very long.

A produce load will come in a block on the aircraft, is then sent to the warehouse to break it apart. The food inspector inspects the food to make sure it safe and then it is distributed to Café Pacific, Roi and Surfway. "We usually get our deliveries about 3:30 or 4 p.m.," Prettyman said.

Variety is often an issue, but perhaps the average shopper doesn't realize how many choices they really have.

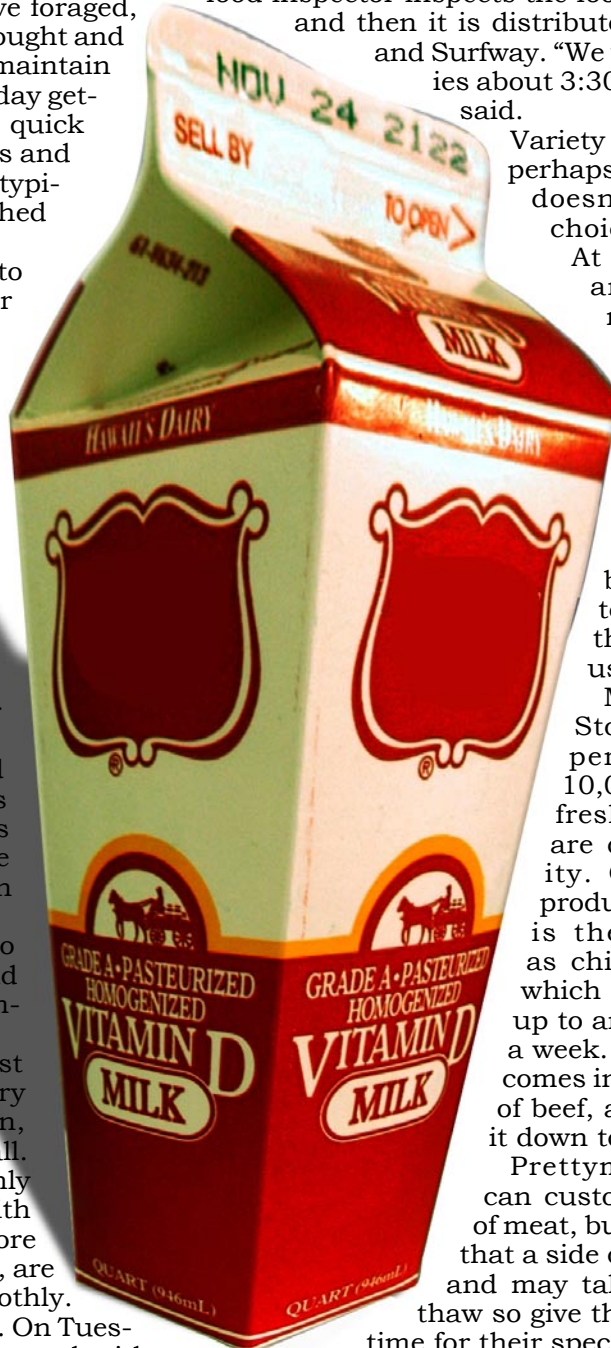
At any given time there are typically approximately 120 types of cheeses on hand, a sprinkling of fresh herbs, vegetables and fruits including artichokes, ginger, potatoes, mushrooms, apples and oranges. Bananas can be tricky, according to Prettyman, because they have a short life or use span.

Manuel Kapahu, Cold Storage Warehouse supervisor, said at least 10,000 pounds a week of fresh produce and dairy are delivered to his facility. On top of the fresh product received each week is the stock items such as chicken, beef and pork, which increases the load by up to another 15,000 pounds a week. The meat and poultry comes in uncut, such as a side of beef, and then butchers cut it down to size.

Prettyman said customers can custom order specific cuts of meat, but need to keep in mind that a side of beef comes in frozen and may take up to 48 hours to thaw so give the butcher a good lead time for their specialty items.

There are between 30 and 45,000 variety items delivered each month, some by the barge and some by planes.

Kapahu started his food career as a cook, but moved into the purveyor role a few years back. "Everything ordered for the island has a pipeline of three months," he said. "If you order it [specialty items] today it won't be on island for three months."



**Milk can be hard to find at times. Only one dairy in Hawaii is supplying Kwajalein right now. Food managers are working to locate more suppliers at this time.**

(see **Food** next page)



# FOOD . . .

(continued from page 3)

Of course there's more to running Surfway, or any other grocery store, than putting food on the shelves. Prettyman says that each Sunday they unload all of the produce cases in the store and scrub them, then restack the items for sale on Monday.

Reminiscing to days gone by, Prettyman says one of the changes over time as been the requests for party trays. "We used to do a lot of party trays," he said. Before there was television on the island, or the Internet there were a lot of block parties and people would come to Surfway to get their trays.

That service is available now, but Prettyman asks that customers take into consideration the limitations in produce due to living this far from the source. "We can make cheese, fruit or vegetable trays," he said. "But if a customer asks for an all

fruit tray and we don't have much fresh fruit we may suggest to them that we use something else," he added.

With the holiday season starting this week, Prettyman says they have plenty of turkeys. But he can't guarantee from week to week what might be available. He remembers a time when the vendor saved up the orders and shipped all of his ice cream requests at one time. "We had a van of ice cream delivered at one time. It was flavors and varieties that had been ordered over a period of time, but it was all delivered at once. We had to park the van outside the store and slowly chip our way through it until we sold it all," he said.

No matter what the challenges, Prettyman said they are ready to face what might come. "We have a really good crew here," he said of his 22-person staff. "They are very conscientious and accurate."

For more information on special orders, party trays or Surfway, call either Prettyman or Denham at 53607.

## If you don't have stuff you need, use stuff you've got

The staff of the *Hourglass* asked readers to submit their favorite holiday recipes. Being in a remote location can play havoc on following a recipe. Dave Nobis of the Café Pacific helped us define food substitutions for the submitted recipes. His recommended substitutions are listed in parenthesis next to the original items.

Submitted by Dave Harris

### CREAMED GLAZED ONIONS

Serves 10

Lightly caramelizing the onions before adding the cream gives this classic dish a whole new dimension. Note that while I am calling for pearl onions here, you may substitute for the slightly larger white boiling onions that are about the size of walnuts.

- 3 pounds pearl boiling onions (white onions, quartered)
- 2 tablespoon unsalted butter (margarine)
- 1 teaspoon sugar
- 3/4 teaspoon salt
- 2/3 cup heavy cream (non-dairy milk, concentrated or cream cheese that has been thinned with milk)
- 2/3 cup finely chopped fresh flat-leaf parsley (dried parsley)

Blanch onions in a 5-quart pot of boiling water for two minutes. Drain in a colander and let cool until they can be handled. Remove the stalk end with a sharp knife. Starting at the root end, pinch the onion with your thumb and

forefinger until the onion sheds its skin. The unpeeled onion should just pop out. If you are using the larger boiling onions, peel off the outer skin when they are cool enough to handle.

Combine onions, butter, sugar, salt, and water in a sauté pan large enough to hold the onions in a single layer comfortably. Bring to a boil, and boil, uncovered, stirring occasionally, until most of the liquid has evaporated, about 40 to 45 minutes. It is at this point that close attention should be paid to the rapid evaporation and the subsequent caramelizing of the onions.

Continue to cook the onions over moderate heat, shaking the pan to uniformly coat the onions until golden and beginning to brown, 5 to 10 minutes.

Add the cream and boil until sauce is slightly thickened, about 1 minute. Season with salt and pepper to taste and stir in parsley. Serve in a covered serving dish and enjoy!

The creamed onions, without the parsley, can be made up to one day ahead and refrigerated, covered. Reheat in a skillet over moderately low heat, stirring, until hot; thin the sauce with water if necessary. Stir in the parsley.



Submitted by Pam Johnson

### BAKED CRANBERRY-GINGER CHUTNEY

Prep and cook time: about one hour

Notes: You can make this sauce up to one week ahead; cover and chill.

Makes: About 1 3/4 cups; 12 to 14 servings

12 oz. fresh or thawed frozen cranberries  
1 cup sugar  
1/3 cup cider vinegar (white vinegar with a little apple juice)

2 tablespoons chopped fresh ginger (dry ginger)  
5 whole cloves

1 cinnamon stick - about 3 inches (powdered cinnamon - add last)

1. Sort cranberries, discarding any bruised or decayed fruit. Rinse and drain berries.

2. In an 8- or 9-inch baking dish, mix cranberries, sugar, cider vinegar, ginger, 5 whole cloves, and cinnamon.

3. Bake, uncovered, in a 350-degree regular or convection oven, stirring occasionally, until berries are tender when pierced and juices are syrupy, 50 to 60 minutes. Lift out and discard cloves and cinnamon, if desired. Serve warm or cool.

Submitted by Karren Campbell

### VEGETABLE SAUCE

2 tablespoons lemon juice  
1/2 teaspoon salt  
3 egg yolks  
1/2 cup butter, melted (margarine)

To warmed blender, add lemon juice, egg yolks and salt. Blend until smooth. While blending, slowly pour in butter. Serve over broccoli and cauliflower.



### CARROT CASSEROLE

12 medium carrots  
1 onion - chopped  
1/4 cup butter  
1/4 cup flour  
1 tsp. salt  
1/4 tsp. mustard  
2 cups milk  
1/8 tsp. pepper  
1/4 tsp. celery salt  
1/2 lb. Velveeta (American, Swiss or cheddar or any processed cheese)

Slice carrots crosswise. Cook until barely soft. Drain. In frying pan combine butter, onion, salt, celery salt, mustard and pepper.

Add flour. Stir in milk and Velveeta. Cook sauce until thickened.

Combine sauce and carrots. Top with 1 cup Pepperidge Farm breadcrumbs mixed with 1/3 cup butter. Bake at 350 degrees for 35-40 minutes.

GOOD FOOD IS  
SPICE OF LIFE

*See next page  
for a list of  
substitution  
ideas*

# SMDC chief of staff visits Kwaj

By Nell M. Drumheller  
Editor

Col. James Bedingfield, U. S Army Space and Missile Defense Command chief of staff, culminated a five-day visit to Kwajalein Saturday. He was on island leading a command inspection team for SMDC.

The team looked at a number of things, principally to ensure compliance of existing SMDC, Dept. of the Army and Dept. of Defense directives.

Over and above that was to bring the U.S. Army Kwajalein Atoll and Reagan Test Site message to SMDC and the Army as well as bringing the SMDC and Army message to Kwajalein.

Bedingfield has been the chief of staff since mid-July and this is his second visit to Kwajalein.

While here he conducted sensing sessions for Soldiers and Dept. of the Army civilians.

Recognizing that the demograph-

ics on Kwajalein are not typical for an Army installation he advised Soldiers, government civilians and contractors that they can bridge any gaps by "Communicating with each other, by understanding you're on an Army installation, living in a time where the Army and our nation are at war. That should remain foremost in your mind." He added that we all need to understand the Army's role in the global war on terrorism.

"The fact that you are physically separate from the Army shouldn't negate the fact that we are a part of SMDC and the Army whose primary duty is to support the commander in chief in the global war on terrorism," he continued.

"I'm not saying that everyone should be planting victory gardens and that walls are crumbling around us, but in a battle with scarce resources please consider your wants and needs in the context of the wants

and needs of those in the war."

Bedingfield added though the Soldier contingent here isn't large, the part they play is important. If questioned about maintaining a Soldier's morale here he said he would ask, "Are you a glass half full or half empty person?" One might say that what they do here doesn't matter [in the overall scope of the current military situation], but I wouldn't say that. I'd say your glass is half full, your contribution is very important to the strategic command team. Missile defense and space matters a great deal to the Army and our nation regardless of whether you are sitting on Kwajalein or in the Middle East."

Bedingfield said he was delighted with the hospitality, openness and welcoming spirit he and his team received on Kwajalein. "It's always a pleasure to come and examine a dedicated group of professionals. Your professionalism shows in every endeavor."

## Substitution ideas for everyday cooking

Other things that can be substituted in daily cooking are:

Ingredient	Amount	Substitute
Allspice	1 tsp	1/2 tsp. cinnamon and 1/2 tsp. ground cloves
Baking powder	1 tsp	1/3 tsp. baking soda and 5/8 tsp. cream of tarter
Bay leaf	1 whole	1/4 tsp. crushed bay leaf
Brown sugar	1 cup	1 cup sugar plus 1 tsp. molasses
Butter	1 cup	1 cup margarine or 7/8 cup shortening and 1/2 tsp. salt
Chives, finely chopped	2 tsp.	2 tsp. green onion tops finely chopped
Carob	3 tbs.	3 tbs. cocoa and 1 tbs. shortening
Chocolate chips, semisweet	1 oz.	1 oz. sweet cooking chocolate chopped
Chocolate, semisweet	1 2/3 oz.	1 oz. unsweetened chocolate and 4 tsp. sugar
Chocolate chips, semisweet, melted	6 oz.	2 squares unsweetened chocolate, 2 tbs. shortening and 1/2 cup sugar
Chocolate, unsweetened	1 oz. or square	3 tbs. cocoa and 1 tbs. butter or margarine
Cocoa	1/4 cup or 4 tbs	1 oz. chocolate, decrease fat in recipe by 1/2 tbs.
Coconut cream	1 cup	1 cup whipping cream
Coconut milk	1 cup	1 cup whole or 2 percent milk
Corn Syrup	1 cup	1 cup sugar and 1/4 cup liquid or 1 cup honey
Cornstarch (for thickening)	1 tbs	2 tbs. all-purpose flour
Cream, heavy	1 cup	3/4 cup milk and 1/3 cup butter or margarine (for use in cooking and baking)
Cream, light	1 cup	3/4 cup milk and 3 tbs. butter or margarine (for use in cooking and baking) or 1 cup evaporated milk
Egg	1	2 1/2 tbs. sifted dry whole egg powder
Egg white	1 white	2 tsp. sifted dry egg white powder with 2 tbs. water
Flour (for thickening)	1 tbs.	1 1/2 tsp cornstarch, arrowroot, potato or rice starch or 1 tbs. granular tapioca, rice or corn flour
Flour, all purpose	1 cup, sifted	1 cup and 2 tbs. cake flour or 1 cup rice flour
Flour, cake	1 cup, sifted	1 cup minus 2 tbs. all purpose flour
Flour, self rising	1 cup	1 cup minus 2 tsp. all purpose flour and 1 1/2 tsp. baking powder and 1/2 tsp. salt
Garlic	1 clove	1/8 to 1/4 tsp. garlic powder
Herbs, fresh	1 tbs.	1 tsp. dried herbs
Honey	1 cup	1 1/4 cup sugar with 1/4 cup water
Ketchup (for cooking)	1 cup	1 cup tomato sauce, 1/2 cup sugar and 2 tbs. vinegar
Lemon juice	1 tsp.	1/2 tsp vinegar
Mayonnaise (salad dressings)	1 cup	1 cup sour cream or 1 cup cottage cheese pureed in blender
Milk, buttermilk or sour milk	1 cup	1 cup plain yogurt or 1 cup whole milk with 1 tbs. lemon juice or vinegar
Mozzarella cheese (baking)	1 cup	1 cup cottage cheese, drained
Mustard, dry	1 tsp.	1 tbs. prepared mustard
Sour cream	1 cup	1 cup yogurt or 3/4 cup milk, 3/4 tsp. cup lemon juice and 1/2 cup butter

# Wednesday, November 24

Time	Channel 9 AFN Prime	Channel 13 AFN Sports	Channel 14 AFN News	Channel 17 Roller/Prime Sports	Channel 20 AFN Spectrum	Channel 23 AFN Movies	Channel 26 AFN Family	Channel 35 AFN Direct to Sailors	
12:00AM	The Late Show	SportsCenter	Good Morning America	Roller	Late Night with Conan O'Brien	Movie: (Cont.)	Hey Arnold!	NFL	
12:30AM	Access Hollywood					Movie: <:42>	Rocket Power	(Continued)	
1:00AM	Headline News	College Football			For Love Or Money	Jaws	Spongebob	ESPNews	
1:30AM	The Late Late Show				Law & Order		Rugrats	Pacific Report	
2:00AM						Lizzie McGuire	Tonight Show		
2:30AM	Dennis Miller				American Hotrod	Movie: The Mexican	Taina	w/ Jay Leno	
3:00AM							Smallville	The Late Show w/ David Letterman	
3:30AM	Countdown With Keith Olbermann				Friends	Boy Meets World	Headline News		
4:00AM		SportsCenter				Boy Meets World	The Late Late Show		
4:30AM	Entertainment Studios				Seinfeld	Movie: <:18> Never Talk to Strangers	Sesame Street	Dennis Miller	
5:00AM	ESPNews	NBA Fastbreak	Breating Space Yoga				Barney & Friends		
5:30AM	Headline News	PTI	Caribbean Workout						
6:00AM	Good Morning America	NFL New England at Kansas City	FOX News Live		Body Shaping	Access Hollywood Weekend	Dragon Tales	Countdown With Keith Olbermann	
6:30AM					Tipical Mary Ellen		Blues Clues		
7:00AM					The View	E.T. Weekend	Emeril Live	Bob the Builder	Entertainmet Studios
7:30AM								The Wiggles	ESPNews
8:00AM	Sagwa				Inside Politics	30 Minute Meals	Movie: Borrowed Hearts	The Wiggles	Headline News
8:30AM	Wheel of Fortune							Dora, the Explorer	
9:00AM	Dr. Phil	The Hot List			Navy/Marine Corps	Sweet Dreams	Stanley	Today	
9:30AM	Oprah Winfrey					Around the Horn	Best For Less		Sagwa
10:00AM	<9:46>	SportsCenter	NBC Nightly News		King of Queens	Arthur			
10:30AM	Guiding Lt. <10:35>					Headline News	Stripped	Between the Lions	
11:00AM	General Hospital	Headline News	Headline News			E! News Live	Gentleman's Agreement	Sagwa	Emeril Live
11:30AM	<11:17>				NBC Nightly News			King of Queens	Stanley
12:00PM	Window on the Atoll	College Basketball Maui Invitational Semifinals	ABC World News	CFL 92nd Grey Cup B.C. Lions vs. Toronto Argonauts	That 70's Show	Dora, the Explorer	Headline News		
12:30PM	Bulletin Board		CBS Evening News		Girlfriends	The Wiggles	Wheel of Fortune		
1:00PM	Today		Countdown With Keith Olbermann		Charmed	Bob the Builder	Dr. Phil		
1:30PM			Hannity & Colmes		Ally McBeal	Dragon Tales			
2:00PM						The Newshour	Any Day Now	Movie: Tootsie	Blue's Clues
2:30PM			Barney & Friends						
3:00PM	I Spy		Lou Dobbs Tonight	Headline News	E.R.	Funniest Videos	NBC Nightly News		
3:30PM	Animaniacs					Headline News	Law & Order	The Entertainers	Judge Judy
4:00PM	Braceface	SportsCenter	Larry King Live	Headline News	The Simpsons	Pokemon	Charmed		
4:30PM	Teen Kids News					Headline News		Behind the Scenes	Spongebob
5:00PM	Jeopardy		NFL Total Access	Newsnight with Aaron Brown	Roller	Raymond	E.T.	Rugrats	
5:30PM	Headline News					SportsCenter	BET Nightly News	Star Trek: Enterprise	Movie: Changing Lanes
6:00PM	Bulletin Board	Women's College Basketball	Tavis Smiley	Impulse	The Amanda Show				
6:30PM	Pacific Report					Nightline	C.S.I.	Everwood	Jeopardy
7:00PM	Movie: Star Trek	Ohio State at Notre Dame	Nightly Business	Biography	Movie: <:54> The Devil's Own	Sister, Sister	ESPNews		
7:30PM							Hardball with Chris Matthews	Oscar De La Hoya	Sister, Sister
8:00PM		Futurama	SportsCenter	O'Reilly Factor		Friends	The Cosby Show		The Parkers
8:30PM							College Basketball	CNN Daybreak	Seinfeld
9:00PM	St. Joe. at Kansas			The Daily Show	Movie: Night of the Creeps	Touched by an Angel			
9:30PM									Blind Date
10:00PM	Simpsons								
10:30PM	Tonight Show W/ Jay Leno								
11:00PM									
11:30PM	The Late Show								



# Thursday, November 25

Time	Channel 9 AFN Prime	Channel 13 AFN Sports	Channel 14 AFN News	Channel 17 Roller/Prime Sports	Channel 20 AFN Spectrum	Channel 23 AFN Movies	Channel 26 AFN Family	Channel 35 AFN Direct to Sailors
12:00AM	The Late Show	College Basketball	Good	Roller	Late Night with Conan O'Brien	Movie (Cont.)	Hey Arnold!	Las Vegas
12:30AM	Access Hollywood	St. Joe. at Kansas	Morning America			Movie: <:42>	Rocket Power	
1:00AM	Headline News	SportsCenter			Star Trek: Enterprise	Serpico	Spongebob	Pacific Report
1:30AM	The Late Late Show				Impulse		Rugrats	Tonight Show
2:00AM		College Football	Headline News		C.S.I.		The Proud Family	w/ Jay Leno
2:30AM	Dennis Miller	Bowling Green	Channel One			Movie: Changing Lanes	The Amanda Show	The Late Show
3:00AM		at	The Early Show		Biography		Everwood	w/ David Letterman
3:30AM	Countdown With Keith Olbermann	Kansas			Oscar De La Hoya			Access Hollywood
4:00AM		SportsCenter			Friends	Movie: <:54>	Sister, Sister	Headline News
4:30AM	Entertainment Studios				Seinfeld	The Devil's Own	Sister, Sister	The Late Late
5:00AM	ESPNews	NBA Fastbreak	FOX News Live		Breating Space Yoga		Sesame Street	Show
5:30AM	Headline News	NFL Live			Caribbean Workout		Barney & Friends	
6:00AM	Good Morning America	NBA Inside Stuff			Body Shaping		Blues Clues	Countdown With
6:30AM		ESPNews			Tipical Mary Ellen		Dragon Tales	Keith Olbermann
7:00AM		College Basketball			The View	The Entertainers	Bob the Builder	Entertaimnet Studios
7:30AM		Maui Invitaional 5th Place Game						
8:00AM	Blue's Clues		Headline News		Emeril Live	Behind the Scenes	The Wiggles	The Hot List
8:30AM	Wheel of Fortune		Inside Politics			E.T.	Dora, the Explorer	Headline News
9:00AM	Dr. Phil	College Basketball			30 Minute Meals	Movie:	Stanley	Today
9:30AM	Oprah Winfrey	Maui Invitaional	Headline News		Food 911	The Good Family	Sagwa	
10:00AM	<9:46>	3rd Place Game	Lester Holt Live		Sensible Chic		Arthur	
10:30AM	Guiding Lt. <10:35>				Fashion File	Movie: <:48>	Between the Lions	
11:00AM	General Hospital		Headline News		E! News Live	The Untouchables	Sagwa	The Amazing Race
11:30AM	<11:17>	NFL Live	NBC Nightly News		King of Queens		Stanley	
12:00PM	Window on the Atoll	College Basketball	ABC World News	NBA	That 70's Show		Dora, the Explorer	Headline News
12:30PM	Bulletin Board	Preseason NIT	CBS Evening News	Detroit Pistons	Girlfriends	The Wiggles	Wheel of Fortune	
1:00PM	Today	Semifinals	Countdown With Keith Olbermann	at	Charmed	Movie: Love Affair	Bob the Builder	Dr. Phil
1:30PM			Hannity & Colmes	Cleveland Cavaliers	Ally McBeal		Dragon Tales	
2:00PM					College Basketball		Blue's Clues	Oprah Winfrey
2:30PM			College Basketball				Barney & Friends	
3:00PM	Sylvester & Tweety	Maui Invitaional	The Newshour	Preseason NIT	Any Day Now	The Piano	Funniest Videos	NBC Nightly News
3:30PM	Buzz Lightyear	Championship		Semifinals			Full House	Judge Judy
4:00PM	Fairly Oddparents	Game	Lou Dobbs Tonight		E.R.		Pokemon	Charmed
4:30PM	Teenage Robot	SportsCenter		ESPNews			Yu-Gi-Oh!	
5:00PM	Jeopardy		Larry King Live	Headline News	Law & Order	Inside the Actors...	Real Monsters	Ally McBeal
5:30PM	Access Hollywood			Headline News		George Carlin	Rocket Power	
6:00PM	Bulletin Board	NFL Total Access	Newsnight	Roller	The Simpsons	Coming Attractions	Spongebob	Any Day Now
6:30PM	Pacific Report		with Aaron Brown		Raymond	E.T.	Rugrats	
7:00PM	The Parkers	SportsCenter	BET Nightly News		The Amazing Race	Movie: Planes, Trains & Automobiles	Even Stevens	E.R.
7:30PM	Arrested Development		Tavis Smiley				Kenan & Kel	
8:00PM	America's Next Top Model	PGA Golf	Nightline		Andromeda	Movie: <:45> Stepmom	Gilmore Girls	Jeopardy
8:30PM		PGA Grand Slam	Nightly Business					Headline News
9:00PM	Las Vegas	of Golf	Hardball		Discover Specials		Degrassi	ESPNews
9:30PM		Final Round	with Chris Matthews		The Free Willy Story		Degrassi	Pacific Report
10:00PM	Pacific Report		O'Reilly Factor		Friends		The Cosby Show	Movie: The Family Man
10:30PM	Tonight Show				Seinfeld		Home Improvement	
11:00PM	W/ Jay Leno	SportsCenter	60 Minutes		The Daily Show	Movie:	Touched by an	
11:30PM	The Late Show				Blind Date	Money Train	Angel	



# Friday, November 26

Time	Channel 9 AFN Prime	Channel 13 AFN Sports	Channel 14 AFN News	Channel 17 Roller/Prime Sports	Channel 20 AFN Spectrum	Channel 23 AFN Movies	Channel 26 AFN Family	Channel 35 AFN Direct to Sailors		
12:00AM	The Late Show	College Basketball	Good	Roller	Late Night with Conan O'Brien	Movie: (Cont.)	Hey Arnold!	Movie: (Cont.)		
12:30AM	Access Hollywood	Alabama	Morning America				Money Train	Rocket Power	The Simpsons	
1:00AM	Headline News	at				The Amazing Race	Movie:	Spongebob	Pacific Report	
1:30AM	The Late Late Show	Alaska-Anchorage					The Maltese Falcon	Rugrats	Tonight Show	
2:00AM		SportsCenter	Headline News			Andromeda		Even Stevens	w/ Jay Leno	
2:30AM	Dennis Miller		Channel One					Kenan & Kel	The Late Show	
3:00AM		College Football	The Early Show			Discover Specials	Movie:	Gilmore Girls	w/ David Letterman	
3:30AM	Larry King Live	Connecticut				The Free Willy Story	Planes, Trains &		Access Hollywood	
4:00AM		at				Friends	Automobiles	Degrassi	Headline News	
4:30AM	Entertainment Studios	Rutgers				Seinfeld	Movie: <:45>	Degrassi	ESPNNews	
5:00AM	ESPNews		FOX News Live			Breating Space Yoga	Stepmom	Sesame Street	The NFL Today	
5:30AM	Headline News					Caribbean Workout				NFL
6:00AM	Good Morning	ESPNews	60 Minutes			Body Shaping			Barney & Friends	Indianapolis Colts
6:30AM	America					Tipical Mary Ellen			Blues Clues	at
7:00AM		NBA	FOX News Live			The View	Inside the Actors...	Dragon Tales	Detroit Lions	
7:30AM		Detroit Pistons at Cleveland Cavaliers					George Carlin	Bob the Builder		
8:00AM	Sesame Street		Inside Politics			Emeril Live	Movie:	Madeline		
8:30AM	Wheel of Fortune						The Money Pit	Winnie the Pooh	Fox NFL Sunday	
9:00AM	Dr. Phil	The Hot List				30 Minute Meals		Movie:	NFL	
9:30AM	Oprah Winfrey	PBR Bull Riding	Army Newswatch			Low Carb & Lovin' It	Movie: <:48>	Pocahontas	Chicago Bears	
10:00AM	<9:46>		Lester Holt Live			Design on a Dime	Apollo 13		at	
10:30AM	Movie: <10:35>					Style Star		Daffy Duck	Dallas Cowboys	
11:00AM	E.T. The	Real Sports With	Headline News			E! News Live		Bugs Bunny		
11:30AM	Extra Terrestrial	Bryant Gumbel	NBC Nightly News			King of Queens		Hey Arnold!		
12:00PM		2004 Strongmancup	ABC World News			That 70's Show	Movie: <:20>	Sister, Sister	ESPNNews	
12:30PM	Judge Judy	NBAAction	CBS Evening News			Girlfriends	Cast Away	Sister, Sister	Headline News	
1:00PM	Today	NBA	Countdown With Keith Olbermann			Charmed		Happy Days	College Football	
1:30PM		Minnesota						The Cosby Show	West Virginia	
2:00PM		Timberwolves at	Hannity & Colmes			Ally McBeal		Home Improvement	at	
2:30PM		Indiana Pacers						America's Funniest	Pittsburgh	
3:00PM	Macy's		The Newshour			Any Day Now	Movie:	Home Videos		
3:30PM	Thanksgiving Day	NBA					Big	Full House		
4:00PM	Parade	New Jersey Nets	Lou Dobbs Tonight			E.R.		Pokemon	Headline News	
4:30PM		at						Yu-Gi-Oh!	ESPNNews	
5:00PM		L.A. Clippers	Larry King Live			Law & Order	Scream Play	Movie:	Ally McBeal	
5:30PM								Eddie's Million		
6:00PM	Bulletin Board	Inside the NBA	Newsnight			The Simpsons	Ebert & Roeper	Dollar Cook-Off	Any Day Now	
6:30PM	Pacific Report		with Aaron Brown			Raymond	E.T.	Movie:		
7:00PM	Window on the Atoll (7:00PM)	SportsCenter	BET Nightly News			Summerland	Movie:	You Wish!	E.R.	
7:30PM	Movie: (7:10PM) The Family Man		Tavis Smiley				Forrest Gump			
8:00PM		Women's College Basketball	Nightline			The Practice		7th Heaven	Jeopardy	
8:30PM		Tennessee at Texas	Nightly Business						Headline News	
9:00PM			Hardball			48 Hours Mystery		Sabrina	ESPNNews	
9:30PM	The Simpsons		with Chris Matthews				Movie: <:36>	Sabrina	Pacific Report	
10:00PM	Pacific Report	College Basketball	O'Reilly Factor			Friends	Nutty Professor II:	The Cosby Show	King of the Hill	
10:30PM	Tonight Show	Utah vs.				Seinfeld	The Clumps	Home Improvement	That 70's Show	
11:00PM	W/ Jay Leno	Washington	Primetime			The Daily Show	Movie: Greatest	Touched by an	The Apprentice	
11:30PM	The Late Show					Blind Date	Show on Earth	Angel		

## HELP WANTED

**KRS has the following on-island job openings. Unless otherwise noted, call Jack Riordan, 55154. Full job descriptions and requirements are at HR, Building 700.**

**ACCOUNTING CLERK II, KRS Finance.** Full time. Accept and process payments from customers, reconcile daily reports from all facilities, balance cash drawer daily, as well as going to the bank to make deposits and replenish cash. Also required to assist in Accounts Receivable with invoicing and filing as needed. Must be experienced in Excel. KEAMS knowledge desired. HR req. number K030595.

**ADMINISTRATIVE ASSISTANT I, Worker's Comp/Risk Management Program Office.** Part time. Compiling data for routine reports, scheduling office island appointments, preparing charts, graphs and tables for reporting purposes, interfacing with medical providers and insurance providers. HR req. number K030596.

**RECREATION AIDE II, Roi Community Activities.** Full time. Individual should be versatile and able to support Small Boat Marina, golf course, facilities and special events. Should be able to work outside and be able to lift 70 pounds. Should be experienced with boats and/or other machinery, have verbal English skills and be able to work independently.

**MEDICAL OFFICE RECEPTIONIST, Medical Services.** Casual. Duties include scheduling patients, performing patient charting and registering patients for insurance. Must have good written and verbal communication and customer service skills. Must be familiar with MS Word and Excel.

**PROJECT CONTROL CLERK I.** Full time.



**As a reminder . . . USAKA residents who plan to invite visitors to the U.S. Army Kwajalein Atoll must use the Form 480 "Request to Visit USAKA." Airline tickets should NOT be purchased until the request has been approved by the Provost Marshall's office and stamped by Entry/Exit. Call 52109, with questions.**

Receive phone calls, place electronic and walk-in customer orders at the service desk in Public Works. Process work requests by data entry, use radio to dispatch crews, create service order documentation, coordinate with shop supervisor to monitor and support work. Requires excellent communication skills and knowledge of computers.

**RESERVATIONIST, Kwaj Lodge.** Full time. Perform front desk duties to include check-in/check-outs, reservations, room changes, housekeeping updates, key inventories. Maintain spreadsheets for bike rentals, assist customers with bike rental/return, run night audit, accept cash and balance cash drawer at end of shift. Requires some accounting background, must be high school graduate.

**ADULT/COMMUNITY Education Coordinator.** 140 days temporary. Responsible for all aspects of the adult education program on Kwajalein. Coordinate college programs within Adult Education programs. Liaison to the University of Maryland representative. Facilitate non-credit courses, which include developing courses, scheduling classes, developing instructors, providing materials, advertising classes, scheduling facility usage/key control, collecting/distributing fees, supervising/monitoring instructor's payroll, testing and military programs.

**SUPERVISOR, Community Activities-Roi.** Full time. Contract position. Responsible for all facets of recreation and entertainment at Roi-Namur. Must be able to work under minimal supervision. Must possess excellent organizational and communication skills and have experience supervising employees and have background with areas of oversight.

**SENIOR RECREATION AIDE, Hobby Shop.** Casual. Provide customer service in assisting patrons in Woodshop and ceramic/pottery shop, handle cash, enforce rules and safety procedures and general shop cleaning.

**RECREATION SPECIALIST, Community Activities Hobby Shop Woodshop instructor.** Part time. Individual will instruct specialty wood classes, provide customer service and general assistance in Hobby Shop. Must have experience in woodworking and be interested in teaching classes.

**BANK OF AMERICA, N.A., Community Bank, is contracted to provide retail banking services to overseas military personnel and their families. We are planning to open facilities on Kwajalein around Feb. 1. We are looking for individuals to fill several critical roles in our new banking center.** We need a banking center manager, tellers (full time or part time) and customer service representatives (full time or part time). Successful candidates should have previous banking, credit union or cash handling experience. Candidates must also have the ability to quickly and accurately handle transactions, communicate effectively and possess a strong desire to learn. Banking center manager candidates should have previous manager and/or supervisory experience. All candidates need to be available beginning mid-January for training. For consideration, send resumé to [employment@bank-of-america.jp](mailto:employment@bank-of-america.jp) or call DSN 645-2406 for more information. Community Bank is an Equal Opportunity Employer.

## WANTED

**SMALL STURDY trailer or Burley** to be used for dive equipment. Prefer quick connect/

disconnect type. Call Shawn, 54788.

**REGULATOR SET and dive computer,** prefer used. Call Kate, 56536.

**GOLF BAG and golf cart; small scuba BCD and regulator.** Call 54396.

## LOST

**HUMA HUMA earring,** on Lagoon Road between 4th and 6th Streets, Nov. 16. Reward offered. Call Jane, 53704.

**SOUVENIR from Sarajevo,** mistakenly sold at patio sale at Qtrs. 217-B, Nov. 2. It's a plate of sentimental value only. Call 52034.

## PATIO SALES

**SATURDAY, 3-5:30 p.m., Qtrs. 416-A.** No early birds.

## FOR SALE

**38' LE COMPTE sailboat.** Made in Holland in 1968. Hull, mast and rigging in good condition. Needs interior finished and exterior cosmetics. Includes rebuilt Volvo Penta engine, boat house, autopilot, solar panels, many sails, tools, parts and supplies too numerous to mention. Priced to sell at \$20,000. Call 52210 and leave a message.

**PALM PILOT Tungsten E, new,** \$125; Toshiba E335 pocket PC with 128MB SD Card, \$125; 19' Cape Dory sailboat with mooring, sails in great condition, bottom job needed, \$1,200 or best offer. Call Mike, 55987.

**LOST IN SPACE robot,** great Christmas gift, walks and talks, 2½' tall. Call Bill, 56080 or 56182.

**ZODIAC 16" boat, Pro 470SB,** with 40 hp Johnson outboard, Raytheon fish finder, Garmin Marine Map 76, GPS, Raytheon 100 radio, metal boat box. Call 51032W or 52515H.

**ENTERTAINMENT CENTER, 51" x 57",** will fit a 32" TV, \$100; futon chair, round, 46", \$25. Call 53681.

**SEWING MACHINE, \$150; bike, \$40; 4/0 Senator reel and pole, \$75; snorkel sets, \$15; skim board, \$10; body board, \$10.** Call 58672.

**'96 SEA DOO, 14.9' four-person jet boat,** includes JVC/MP3/CDR/AM/FM stereo player with four speakers, bimini top, swim platform, storage, open bow, running lights, blower, bilge pump, retractable tow bar, cover and trailer, lot with shack and boat awning #311, A/C stereo, \$10,000 or best offer. Call 55110 or 54555 and leave a message.

**2000 MACGREGOR 26X with 50 hp Honda.** Sail or pull a skier. Sleeps six, enclosed head, alcohol stove, GPS, CD stereo, \$25,000. Call 52516.

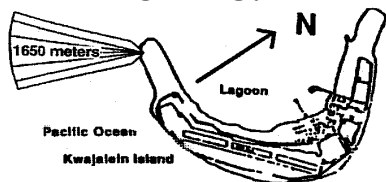
**PLANT SALE, Tr. 8282.** Lots of plants, \$5-\$40. Roi-Namur, every Sunday through January. Make a quick trip for shopping and still have time to tour Roi-Namur. Sunday manifest, 10:45 a.m. to Roi and return at 1 p.m. Or 3:15

**TAKE OUTS are not allowed at Café Pacific's Thanksgiving Day meal on Friday.**



**The Small Arms Range  
is in operation  
Wednesday, 8 a.m.-  
noon.**

**All watercraft  
operators observe  
the red flags at the  
southwest end of the  
island. Questions, call,  
54448.**



p.m. to Roi returning at 5:15 p.m. For more information, call 56726.

KHS COMFORT bicycle, aluminum frame, rims, stainless steel spokes and cables, 19" frame, 21-speed, one year old, \$150; Delonghi toaster oven, \$40; Cuisinart sandwich grilling machine, new in box, never used, \$30. Call 50946W or 52788H.

KRUPS CONVECTION oven, fits up to 8" cake pan, has toast, broil, bake and convection settings, \$50. Call 51926 and leave a message.

SMALL PROPANE barbecue grill, refurbished with all new parts, \$35; set of four wooden TV trays, \$25; closet shelving, perfect for shoes, \$10; decorative wall shelving/hat rack, \$15; aloe plant, \$10; large desert rose, \$35; small palm, \$10. Call 51269 or 54801.

PLAYSTATION, small version, works great, with all hookups, 18 games, \$100; nitro remote control car, comes with gas, accessories/hopups, great condition, \$200; Huffy, good condition, \$40; fold up chair, \$5. Call Ben, 58672.

#### COMMUNITY NOTICES

EVERYONE IS invited to attend the islandwide Thanksgiving service, Thursday, 7 p.m., at Island Memorial Chapel. Pastor Rick Funk and Rev. John Sheehan will be presiding. For more information, call the Chapel office, 53505.

NESTBUILDERS meet Wednesday, 9:30 a.m., at Qtrs. 219-B. Dynamic women's group, designed for island newcomers. We offer opportunities and support to women moving to Kwajalein. Coffee, fellowship and creative exchange on relevant topics are offered at meetings. We meet the second and fourth Wednesday of every month. Bring a friend. For more information, call Deanna Frazier, 53336.

SECOND and THIRD GRADE Holiday Concert will be Thursday, Dec. 2, 7 p.m., in the MP room. The second grade will perform "Six Little Snowflakes." The third grade will perform "Boo Bear" and "The Night Before Christmas."

BEGINNING SWING dance on Roi-Namur has been moved to Wednesday nights in C Building, 7-8 p.m. Lessons are free. For more information, call Bill, 56182.



## TOWN HALL meetings with COL Stipe

**Kwajalein, Dec. 1, 6 p.m., in the MP Room;  
Roi-Namur, Dec. 2, 6 p.m., in  
Tradewinds Theater.**

**Questions? Call Public Affairs, 51404.**

**REAL CHRISTMAS trees will be sold at the high school Dec. 16. K-badge required for purchase. Office trees and Roi resident trees must be purchased by Dec. 14. PAY THE HIGH SCHOOL SECRETARY. We can accept cash only. Take home or get free delivery by Santa's elves.**

**MARSHALLESE Shopping Day is Dec. 11, at Macy's, Macy's West and Gimbel's, from 10 a.m. to 6:30 p.m. The store will be open for all residents of Ebeye and Third Island with photo IDs. No minors under 18 allowed in the stores. Gimbel's will sell all items except food, alcohol, tobacco, books, newspapers, drugs and sundry items.**

**DUE TO VENDOR problems beyond the control of KRS, 2005 Kwaj calendars were shipped later than planned. In order to ensure calendars mailed as gifts are received by Christmas, calendars will be presold at Ten/Ten and Gimbel's effective immediately. Go to either store, fill out the address label form and pay \$5 per calendar. Your purchased Kwaj calendar with address label attached will be mailed from Richmond, Ca., at the beginning of December. An additional 3,000 calendars will be available for purchase on island by Dec. 20.**

MONTHLY ISLAND orientationMandatory orientation begins at 1 p.m. in CAC room 6. It is required for all new island arrivals and recommended for family members over 10 years of age. Questions Call KRS ES&H, 51134.

KWAJALEIN YACHT CLUB'S monthly meeting will be Saturday, 6:30 p.m., at the Yacht Club. Bring your Thanksgiving leftovers. New officers will be voted in and amendments to the constitution and bylaws will be discussed.

ALL CHILDREN on island, preschool to 75, are invited to the Protestant sponsored Children's Christmas Craft Day, Nov. 29, 9 a.m.-12:30 p.m., in the MP room. Make crafts and have them wrapped to send to family and friends for Christmas. There is no cost and you don't need to bring anything, but if you are kindergarten age or younger, bring an adult to help you. For more information, call Sylvia, 52350H or 53505W.

GEORGE SEITZ PTO is excited to introduce Gooseberry Patch as this year's catalog company for the annual fundraiser. See any elementary student or PTO representative for a catalog. All orders are due by Wednesday.

KWAJALEIN RUNNING Club is looking for volunteers to direct the 2004 New Year's Eve Midnight Run and celebration. The club president will be off island during the holidays and a director is needed to avoid cancellation.

HEALTH AND WELFARE benefits: For a list of frequently asked questions about your benefits, visit [K:\HRInfo\Health & Welfare & Benefits\AGB FAQs11-10-04.doc](#).

DR. PICARD, orthodontist, will see patients Dec. 1-3. For an appointment, call the Dental Clinic, 52165.

## COUNTDOWN TO CHRISTMAS SALE

Men's and women's clothing, 20 percent off  
Christmas movies and music, 15 percent off  
Photo albums and candles, 20 percent off  
Sunglasses and wallets, 20 percent off

**ON SALE THROUGH SATURDAY**

**FREE WATERFORD  
ENGRAVING BY**

**Jim Buckley, through  
Thursday, at Macy's**

## Economic, health, labor relations addressed

By Mig Owens  
Assistant Editor

Fuel for Ebeye, fiber optic cable, medical referrals and a joint labor relations board were among topics discussed by representatives from United States Army Kwajalein Atoll/Reagan Test Site, the Republic of the Marshall Islands and the U.S. ambassador Friday on Kwajalein at a bi-annual working-level Joint Committee Meeting.

According to Maj. David Coffey, Host Nation chief, the JCM is a bilateral forum mandated by the Compact of Free Association, which is the treaty between the United States and the RMI government, between the GRMI and the senior ranking military representative.

"We hold one per year where the USAKA commander is the U.S. lead, called the Working-Level JCM, and one per year where the Pacific Command has the lead, which is the Full JCM," Coffey said.

U.S. Ambassador Greta Morris said at Friday's meeting that her intent is, "Always to strengthen the very good relationship between the U.S. and the Marshall Islands and to build bridges between our two countries, and specifically the relationship between USAKA and the RMI."

She added that one of JCM goals is to try to promote the economic well being of the Kwajalein Atoll through discussions and decisions.

"The people of Kwajalein and the RMI government are important to the success of USAKA operations here," Morris said.

Challenges facing the JCM, according to Morris, include resolving the diesel fuel issue and how better to help provide reliable fuel to the Kwajalein Atoll Joint Utility Resource, or KAJUR, which is the public works entity that runs utilities for the RMI in this atoll.

Fiber optic cable was another topic of discussion at the meeting. Once implemented, Morris said it will be a great benefit to USAKA and the RMI and will improve communication and education, health care through the availability of online medical information, promote investment and make it easier to communicate with the outside and RMI. She said it would be a tremendous

benefit, but called it an expensive operation.

Morris called the meeting very constructive and an important forum for getting together and discussing issues affecting the U.S., USAKA and RMI. She said the tone reflects the close positive working relationship among all three.

According to Morris, the meeting is an example of great support from the RMI government. Another is the war on terrorism, in which Marshallese Soldiers are serving.

During the course of the meeting, a check for \$50,000 was presented by members of the RMI delegation to USAKA as payment on the medical expense account with the hospital on Kwajalein.

"The meetings are an important opportunity to get together and talk and resolve issues before they become a crisis," Morris said, adding that the check presented at the meeting demonstrates the good spirit on the part of the RMI government.

She said that the joint labor-relations board, one of the many topics discussed, would promote greater economic opportunity for the Marshallese people.

Gerald Zackios, RMI minister of Foreign Affairs, said that his goals included resolving the fuel to Ebeye issue and the establishment of an ombudsman to the joint labor relations board.

He said that the fiber optic cable would benefit both communities and provide "other opportunities for real economic and other aspirations of this island nation."

Also of importance to Zackios is Marshall Island's private sector participation in USAKA.

"It is important as we deal with building bridges and specifically in relations with USAKA, the government, and people of the Marshall Islands, particularly the community across from Kwajalein," Zackios said.

Zackios said that a practical access program for Ministry of Health employees was to be discussed at the meeting and that it is important to maintain an objective of good relations between the communities.

"We are two communities that share good relations and we want to maintain those," Zackios said.

Matters addressed at the Working-Level JCM will be brought to the Full JCM for decision making and action. That meeting will be held in Honolulu in April or May.

### Weather

Courtesy of  
RTS Weather



**Tonight:** Partly cloudy with isolated showers.

**Winds:** East-northeast at 10-15 knots.

**Tomorrow:** Partly to mostly cloudy with isolated showers.

**Winds:** East northeast-northeast at 10-15 knots.

**Temperature:** Tonight's low 80°  
Tomorrow's high 88°

**November rain total:** 9.39"

**Annual rain total:** 87.97"

**Annual deviation:** -1.63"

Call 54700 for updated forecasts.

[www.rts-wx.com](http://www.rts-wx.com)



### Sun • Moon • Tides



	Sunrise/set	Moonrise/set	High Tide	Low Tide
<b>Today</b>	0645/1826	1548/0332	0154, 4.5'	0807, 1.1'
<b>Nov. 23</b>			1427, 4.9'	2037, 1.3'
<b>Wednesday</b>	0645/1826	1628/0419	0234, 4.6'	0838, 0.9'
<b>Nov. 24</b>			1458, 5.2'	2113, 1.0'
<b>Thursday</b>	0646/1826	1709/0507	0308, 4.6'	0907, 0.8'
<b>Nov. 25</b>			1527, 5.5'	2146, 0.8'
<b>Friday</b>	0646/1827	1753/0556	0340, 4.6'	0934, 0.7'
<b>Nov. 26</b>			1555, 5.6'	2017, 0.7'